

The PE Curriculum

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect. – National Curriculum 2014'

Our PE curriculum is taught weekly in discrete lessons, and to support the wider curriculum, so that pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives
- develop motor competence; knowledge of rules, strategies and tactics and healthy participation.

Pupils are introduced to a range of sports and activities during their time at Pontesbury CE Primary School. These are revisited and skills are further developed and applied during this. Our aim has been to provide pupils with a skillset and knowledge that build the fundamental building blocks to allow pupils to participate in a range of sports.

Further opportunities for PE include:

- Sporting fixtures against other schools
- Festivals and tournaments
- After school clubs