

Autumn Term 2022

	Week 1	Week 2	Week 3
	W/C - 19th September, 10th October, 7th November & 28th November	W/C - 5th September, 26th September, 17th October, 14th November & 5th December	W/C - 12th September, 3rd October, 31st October, 21st November & 12th December
Monday	Chicken Goujons Salmon and Tomato Pasta Bake Beef Meatballs Vegetarian Meatballs Bread Wedge or Spaghetti Broccoli and Mixed Veg Waffles with Fruit Coulis	Sweet Chilli Chicken Beef Meatballs Sweet Chilli Quorn Vegetarian Meatballs Noodles or Penne Pasta Broccoli, Peas and Ratatouille Fruit Sponge and Custard	Beef Bolognese Vegetable & Lentil Bolognese Macaroni Cheese Spaghetti or Garlic Bread Peas and Broccoli Syrup Sponge and Custard
Tuesday	Chicken Fajita Pork Hotdogs Vegetarian Hotdog Chips or New Potatoes Baked Beans and Peas Apple Sponge and Custard	Chicken Curry Pork Sausages Vegetarian Sausages Mashed Potatoes or Mixed Grain Rice Cauliflower, Courgettes and Baked Beans Fruit Flapjack	Chicken Curry Pork Sausages Vegetarian Sausages Chips or Mixed Grain Rice Sweetcorn and Baked Beans Iced Vanilla Sponge
wednesday	Roast Turkey & Stuffing Red Onion Quiche Quorn Fillet Roast or Mashed Potatoes Cauliflower, Carrots and Swede Jam Roly Poly and Custard	Roast Chicken & Stuffing Cheesy Crustless Quiche Quorn Fillet Roast or Mashed Potatoes Green Beans, Carrots and Cabbage Rice Pudding with Fruit Coulis or Vanilla Ice Cream	Cottage Pie Red Pepper Quiche Quorn Fillet Roast or Mashed Potatoes Carrots, Cabbage and Peas Fruit Crumble & Custard
Thursday	Fish Fingers Fish Cake Beef Lasagne Vegetable & Lentil Lasagne Garlic Bread or Diced Potatoes Mixed Green Salad and Sweetcorn Fruit Crumble & Custard or Strawberry Mousse	Fish Fingers Beef Enchiladas Vegetable & Lentil Enchiladas Diced Potatoes or New Potatoes Roasted Root Vegetables, Peas and Baked Beans Chocolate Chip Cookies	Fish Fingers Fish Cake Chicken Stir Fry Vegetable Stir Fry Jacket Wedges or Noodles Green Beans and Baked Beans Fruit Jelly or Sticky Toffee Pudding
Friday	Chicken Salad Wrap Cheese & Tomato Pizza Cheese Salad Wrap Jacket Wedges or Pasta Shells Coleslaw, Carrots and Baked Beans Chocolate Sponge & Chocolate Sauce	Hawaiian Pizza Cheese & Tomato Pizza Mixed Bean Burrito Chips or Jacket Potato Mixed Salad, Sweetcorn and Carrots Fruit Crumble and Custard or Fruit Jelly	Pasta Neapolitan Pepperoni Pizza Cheese & Tomato Pizza Diced Potatoes or Pasta Coleslaw and Sweetcorn Chocolate Crunch

Fruit Salad & Yogurts are available everyday