

	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Vocab
Year 1	Changes since being a baby	Differences between boys and girls	Similarities and differences between the genders		Skills and talents Changes Same / different Grow Outside / inside parts
Year 2	How we change as we grow Keeping clean and healthy	Identifying similarities and differences between boys and girls	Naming external parts of the body		Penis Vagina Testicles Develop
Year 3	Identifying similarities and differences between boys and girls Naming body parts Y2 lesson	Life cycles Comparing different stages of life cycles of animals and humans	Growing and changing How our bodies will change as they start to get older		Hormones Breasts Puberty Facial / body hair Eggs Sperm Sweating
Year 4	Body parts. What is the same and different about males and females.	Life cycles of animals and humans	Establish knowledge of periods	Changes within our body as we grow	Menstruation Periods Fertile
Year 5	Physical and emotional changes during puberty	Menstruation	Reproduction	Pregnancy	Common names for penis / vagina Masturbation Wet dreams Foreskin Sanitary products Love Sex Conception Reproductive system Foetus
Year 6	Valuing ourselves	Changes	Puberty	Knowing our bodies Male and female reproductive organs	All of the above